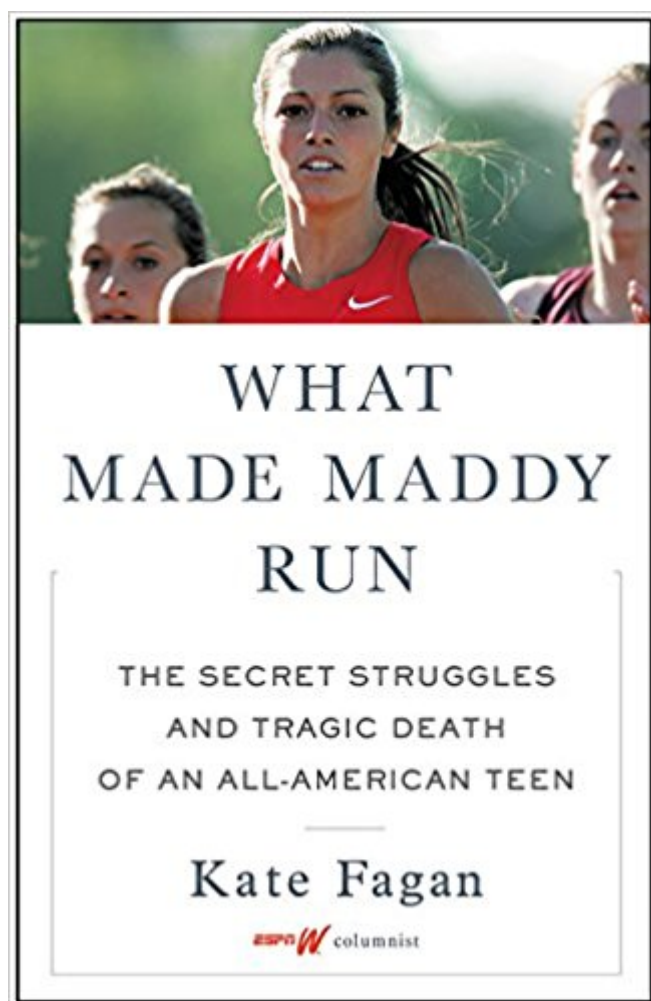


The book was found

# What Made Maddy Run: The Secret Struggles And Tragic Death Of An All-American Teen



## Synopsis

From noted ESPN commentator and journalist Kate Fagan, the heartbreaking and vital story of college athlete Madison Holleran, whose death by suicide rocked the University of Pennsylvania campus and whose life reveals with haunting detail and uncommon understanding the struggle of young people suffering from mental illness today. If you scrolled through the Instagram feed of 19-year-old Maddy Holleran, you would see a perfect life: a freshman at an Ivy League school, recruited for the track team, who was also beautiful, popular, and fiercely intelligent. This was a girl who succeeded at everything she tried, and who was only getting started. But when Maddy began her long-awaited college career, her parents noticed something changed. Previously indefatigable Maddy became withdrawn, and her thoughts centered on how she could change her life. In spite of thousands of hours of practice and study, she contemplated transferring from the school that had once been her dream. When Maddy's dad, Jim, dropped her off for the first day of spring semester, she held him a second longer than usual. That would be the last time Jim would see his daughter. WHAT MADE MADDY RUN began as a piece that Kate Fagan, a columnist for espnW, wrote about Maddy's life. What started as a profile of a successful young athlete whose life ended in suicide became so much larger when Fagan started to hear from other college athletes also struggling with mental illness. This is the story of Maddy Holleran's life, and her struggle with depression, which also reveals the mounting pressures young people, and college athletes in particular, face to be perfect, especially in an age of relentless connectivity and social media saturation.

## Customer Reviews

"A poignant study of the converging pressures of mental illness, college athletics and social media." — Carlos Lozada, Washington Post  
"Gripping and universal" — Trevor Noah, The Daily Show

Kate Fagan is a columnist and feature writer for espnW, ESPN.com and ESPN The Magazine. She is also a regular panelist on ESPN's Around the Horn and can also be seen on Outside the Lines, First Take and His & Hers. Previously, Fagan spent three seasons covering the 76ers for the Philadelphia Inquirer. She is the author of a memoir, The Reappearing Act, and co-host of the espnW podcast, Free Cookies. Kate lives in Brooklyn, New York with her girlfriend Kathryn Budig, and their two dogs.

[Download to continue reading...](#)

What Made Maddy Run: The Secret Struggles and Tragic Death of an All-American Teen  
Teen to Teen: 365 Daily Devotions by Teen Girls for Teen Girls  
Teen to Teen: 365 Daily Devotions by Teen Guys for Teen Guys  
All Things Lovely All Things Lovely Catholic Journal Color Doodle: Catholic Devotional for Teen Girls in all Departments  
Catholic Devotional for Women ... Books for Teens Girls  
Teen Girls in all Dep Mail Order Bride - Maddy's Destiny: Clean and Wholesome Historical Western Cowboy Inspirational Romance (Faith Creek Brides Book 20)  
Runner's World Run Less, Run Faster: Become a Faster, Stronger Runner with the Revolutionary 3-Run-a-Week Training Program  
Super Mario Run: Diary of Super Mario: Super Run for coins! (Unofficial Super Mario Run Book)  
J.D. Robb - Eve Dallas In Death Series updated 2017 in reading order with Summaries and Checklist: Eve Dallas In Death Series listed in best reading order ... Includes Echoes in Death & Secrets in Death  
J. D. Robb CD Collection 9: Creation in Death, Strangers in Death, Salvation in Death (In Death Series)  
J. D. Robb CD Collection 8: Memory in Death, Born in Death, Innocent in Death (In Death Series)  
J. D. Robb CD Collection 4: Witness in Death, Judgment in Death, Betrayal in Death (In Death Series)  
Bayou Farewell: The Rich Life and Tragic Death of Louisiana's Cajun Coast Bayou Farewell: The Rich Life and Tragic Death of Louisiana's Cajun Coast (Vintage Departures)  
Crazy Train: The high life and tragic death of Randy Rhoads  
The Maps of First Bull Run: An Atlas of the First Bull Run (Manassas) Campaign, including the Battle of Ball's Bluff, June-October 1861 (American Battle Series)  
Maps of First Bull Run: An Atlas of the First Bull Run (Manassas) Campaign, including the Battle of Ball's Bluff, June - October 1861 (American Battle Series)  
Death of a Princess: The True Story Behind Diana's Tragic End  
Granite Mountain: The Firsthand Account of a Tragic Wildfire, Its Lone Survivor, and the Firefighters Who Made the Ultimate Sacrifice  
Granite Mountain: The First-Hand Account of a Tragic Wildfire, Its Lone Survivor, and the Firefighters Who Made the Ultimate Sacrifice  
All Things New - Teen Girls' Bible Study: A Study on 2 Corinthians for Teen Girls

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)